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Impact of informal care on well-being of caregivers: A cross-national
comparison in Europe and Japan

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Abstract

This paper considers cross-national variations of informal long-term care on well-being. The costs and benefits of formal long-term care are major areas of research, but the well-being of those who provide informal care has been little studied. We estimate the well-being of caregivers through a cross-national comparison using panel data from 17 European countries and Japan. Comparing institutional differences in long-term care and family-related cultural norms for 18 countries, we analyze the impact of informal caregiving. The econometric estimates show that more hours of informal care-giving has a negative effect on the subjective well-being and mental health scores of informal care-givers. People in countries with universal need-based entitlement long-term care systems, as compared to those in countries without or with more limited eligibility systems, especially feel a greater burden from higher frequencies of or more hours expended informal caregiving.

注) こちらは修正の可能性があります。

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